

OYSIA

LUNCH | CLUB



Monday to Friday
| 12:00PM - 4:00PM |

Important Notice

Please note that the Lunch Club Offer is exclusively designed for a dine-in experience within Ousia. We aim to provide an unparalleled dining atmosphere that cannot be replicated elsewhere. Therefore, this menu is not available for takeaway. We appreciate your understanding and look forward to welcoming you to Ousia for a delightful lunch experience.



ousia

€16 FOR
3 COURSE MEAL
includes a drink

Select 3 items
1 from each category

🕒 MON - FRI, 12:00PM - 4:00PM

STARTERS

SOUP OF THE DAY

MUHUMMARA & HUMMUS DIP

FALAFEL BITES

ITALIAN SALAD

MIXED SALAD

GREEK SALAD

DESSERT

OUSIA EDMEK KADAIFI

baked shredded pastry, anari cheese, vanilla, fresh cream, honey-citrus syrup, pistachios, cinnamon

WARM CHOCOLATE BROWNIE

served with vanilla icecream

DRINKS

COKE / COKE ZERO

SPRITE / SPRITE ZERO

FANTA

STILL / SODA WATER

JUICES

apple / orange / mango / pineapple / strawberry / cranberry / tomato

MAINS

HALLOUMI & ORANGE SALAD

toasted sesame halloumi, fresh orange, seasonal fruits, mixed leaves - orange vinaigrette

GREEK SALAD

tomatoes, cucumber, mixed peppers, olives, feta, onion, olive oil, lemon, oregano

CHICKEN CAESAR SALAD

grilled chicken, romaine lettuce, prosciutto, croutons, caesar dressing

FALAFEL, QUINOA & ROASTED VEGETABLES

falafels, quinoa, roasted vegetables

QUINOA HEALTHY SALAD BOWL

quinoa, dry figs & apricots, mixed peppers, almond flakes, chevre cheese

LEMON & THYME CHICKEN

grilled chicken, mash potato, mixed salad

CHICKEN & QUINOA

grilled chicken, quinoa, mixed salad

PORK SOUVLAKI

grilled pork cubes, potato fries, pitta, salad, tzatziki

PENNE AL POMODORO

fresh tomato sauce

PASTA ALLA FUNGHI

fresh mushrooms, cream, parmesan

PENNE AL PESTO

fresh basil sauce, cherry tomato, fresh cream **Option: add Chicken**

PENNE AL CARBONARA

garlic, bacon, parmesan, cream

PENNE POLLO

chicken fillet, garlic, mushrooms, cherry tomato, fresh cream

PENNE BOLOGNESE

fresh beef, tomato sauce

PENNE AL SALMON

fresh salmon, cherry tomato, fresh cream

SEA PRAWN PASTA

jumbo prawns, garlic, cherry tomato, fresh cream

MUSHROOM RISOTTO

mushrooms, garlic, wine, butter, parmesan **Option: add Chicken**

CHICKEN WRAP

grilled chicken, cheddar cheese, tomato, lettuce, ousia sauce, served with potato fries and salad

FALAFEL WRAP

falafel, tomato, gherkins, lettuce, tahini, harissa - served with potato fries and salad

PANKO CHICKEN WRAP

panko breaded chicken fillet, chefs sauce, cheddar cheese, gherkin, lettuce - served with potato fries and salad

BEEF BURGER WRAP

fresh beef, cheddar cheese - served with potato fries and salad